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Recognized by Indian Nursing Council and A.P. Nurses & Midwives Council  
Affiliated to NTR University of Health Sciences, A.P. Vijayawada.  
Accredited by "International Accreditation Organization (IAO)"  
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Ref no: NCON/ACD/06

Date: 9/11/2022

### CIRCULAR

This is for your kind notice that, Department of **Medical Surgical Nursing** is conducting **"World Diabetic Day"** on 14/11/2022. All are faculties and students are invited to attend in the program and make it success.

Theme: Education to Protect Tomorrow

Venue: Super specialty block, Ground floor, NMCH

Time: 10am-1Pm

SIGNATURE OF THE HOD

HOD  
Dept. of Medical Surgical Nursing  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

Copy to:

1. IQAC
2. All HOD's and Faculty



SIGNATURE OF THE PRINCIPAL

Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



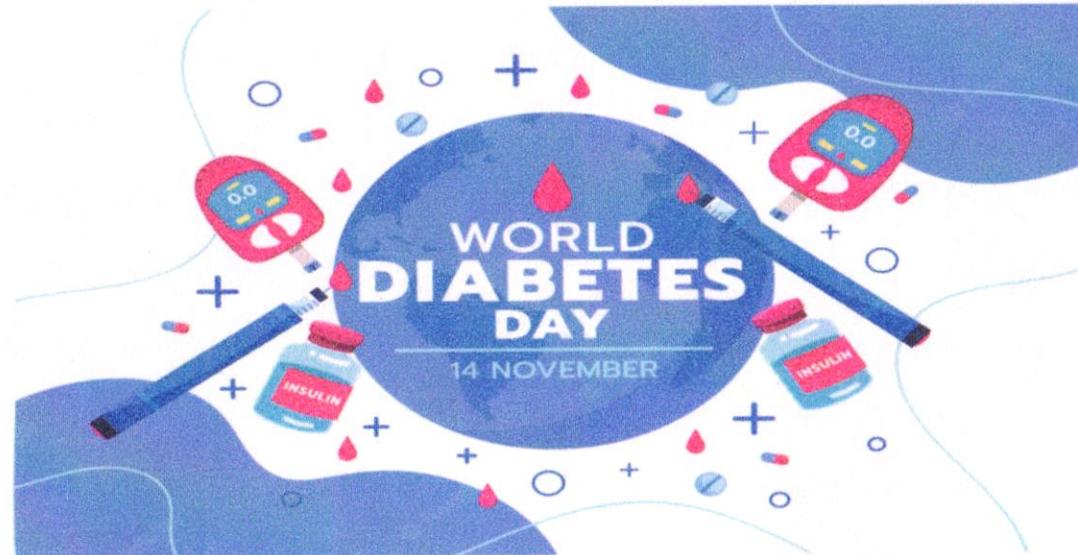
# NARAYANA COLLEGE OF NURSING



**Chinthareddypalem, Nellore.**

**Department of Medical Surgical Nursing**

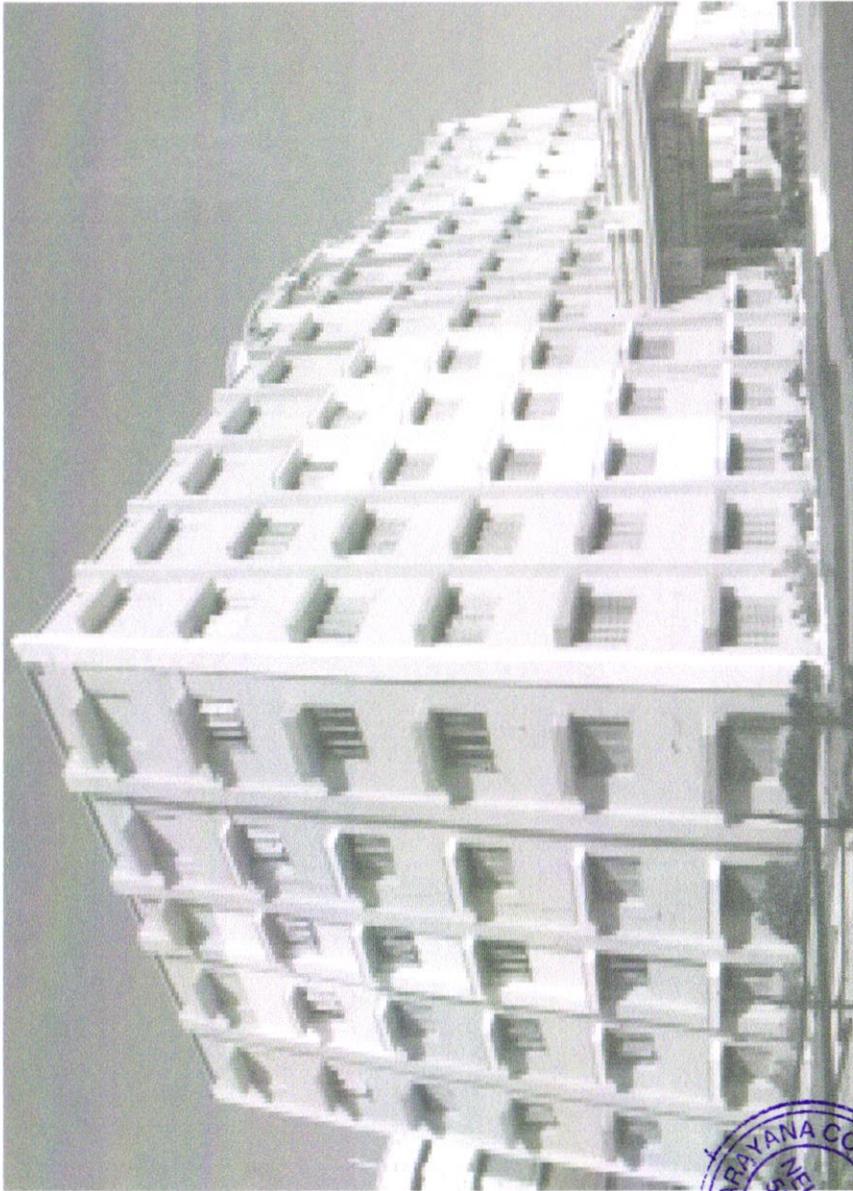
**Theme: "Education to Protect tomorrow"**



**Date: 14.11.2022 || Time: 10:00 am - 01:00 pm || Venue: Ground Floor Superspeciality Hospital, NMCH.**



*S. S. S.*  
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## NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore.



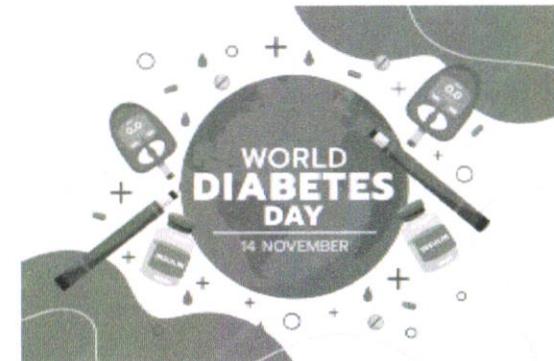
### *Invitation*

**Department of Medical Surgical Nursing**

**WORLD DIABETES DAY**

**THEME: "EDUCATION TO PROTECT**

**TOMORROW**



*Date : 14.Nov.2022*

*Time: 10:00 am - 01:00 pm*

*Venue: Ground Floor Superspeciality Hospital, NMCH.*

*Principal*

**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003

**Introduction - Dr. Indira. A**

*Principal,  
Narayana College of Nursing,  
Nellore.*

**- Prof. A. Latha**

*M.Sc (N), HOD, Dept. of MSN,  
Narayana College of Nursing,  
Nellore.*

***-:Agenda:-***

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
10am to 10.10am	Pre - Test	Participants
10.10 to 10.25am	Prayer Song / Welcome Song	1 <sup>st</sup> Year M.Sc (N)
10.25 to 10.30am	Welcome Address	Prof. Latha.A M.Sc (N)
10.30 to 10.35am	Lamp Lighting	Dignitaries
10.35 to 11.00am	Introduction	Mrs. N. Subhashini M.Sc (N)
11.00 to 12.00pm	PPT Presentation on Diabetes Mellitus	Mrs. Madhavilatha. K M.Sc (N)
12.00 to 12.25pm	Pamphlet's Distribution	1 <sup>st</sup> Year M.Sc(N) Students
12.25 to 12.55pm	Post- test	Participants
12.55 to 1.00 pm	Vote of Thanks National Anthem	2 <sup>nd</sup> Year M.Sc(N)



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## WORLD DIABETIC DAY

### PROGRAMME SCHEDULE

**Time: 10Am-1Pm**

**Date: 9.11.2022**

**Venue: Super speciality ground floor, NMCH**

S.NO	TIME	TOPIC	SPEAKER
1.	10am to 10.10am	Pre-test	Participants
2.	10.10 to 10.25am	Prayer song/welcome song	1 <sup>st</sup> year Msc(N)
3.	10.25to10 .30am	Welcome address	Prof.Latha.AMsc( N)
4.	10.30 to10.35am	Lamp lighting	Dignitaries
5.	10.35 to 11.00am	Introduction	Mrs.NSubhashiniMsc(N)
6.	11.00 to 12.00pm	PPT presentation on diabetes mellitus	Mrs.MadhavilathaMsc(N)
7.	12.00 to 12.25pm	Pamphlet's distribution	1 <sup>st</sup> year msc(N) students
8.	12.25 to 12.55pm	Post- test	Participants
9.	12.55 to 1.00 pm	Vote of thanks	2 <sup>nd</sup> year Msc( N)
National Anthem			

SIGNATURE OF HOD

Ms.Latha.A

HOD

Dept. of Medical/ Surgical Nursing  
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PRINCIPAL

Dr.Indira.A

Principal  
NARAYANA COLLEGE OF NURSING  
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**DEPARTMENT OF MEDICAL SURGICAL NURSING**  
**REPORT ON WORLD DIABETIC DAY**  
**DATE: 14.11.2022 TIME: 10:00 am– 01:00 pm**  
**VENUE: ENDOCRINOLOGY OPD,GROUND FLOOR,NMCH,**  
**NELLORE.**

Name of Department	MEDICAL SURGICAL NURSING
Title of the programme	WORLD DIABETIC DAY
Theme	"Education to Protect Tomorrow"
Date of activity organized	14.11.2022
Name of the coordinator of Activity	Mrs A.LATHA M.sc (N) Prof/HOD
Venue	Endocrinology OPD,NMCH,Nellore
No. of participants	75Patients
Objective of the Activity	To spread awareness among people about the treatment, prevention, and symptoms of diabetes
Outcome of the Activity	Created awareness about diabetes among diabetic patients



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## Report of the Activity

World Diabetes Day provides an opportunity to raise awareness of diabetes as a global public health issue and what needs to be done, collectively and individually, for better prevention, diagnosis and management of the condition. The theme of this year is "education to protect tomorrow"



Fig:1 world diabetic day programme



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Department of Medical Surgical Nursing has organized awareness programme on world diabetic day on 14th November 2022 between 10 AM - 1 PM in Endocrinology OPD. Programme was inaugurated by Principal and HOD of Medical surgical nursing department, Nursing Superintendent, Deputy nursing superintendent.. A total 75 patients were participated in the awareness programme.

The programme was started at 10 am with the prayer song and welcome address was proposed by Associate Professor Mrs. Subhashini. Pre-test questionnaire was distributed to the participants.



Fig:2 explanation about diabetes mellitus



*S. Divya*  
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Blood pressure and blood glucose levels were monitored for all the participants. Health education was given to the participants through power point presentation by 2<sup>nd</sup> year Msc. students on management of diabetes and nursing care of patients with diabetes. Pamphlets were distributed to all participants on diabetic care. Post test was conducted with same tool.

#### DATA ANALYSIS:

**Table no:1 Frequency and percentage distribution of grades on world diabetic day among participants.**

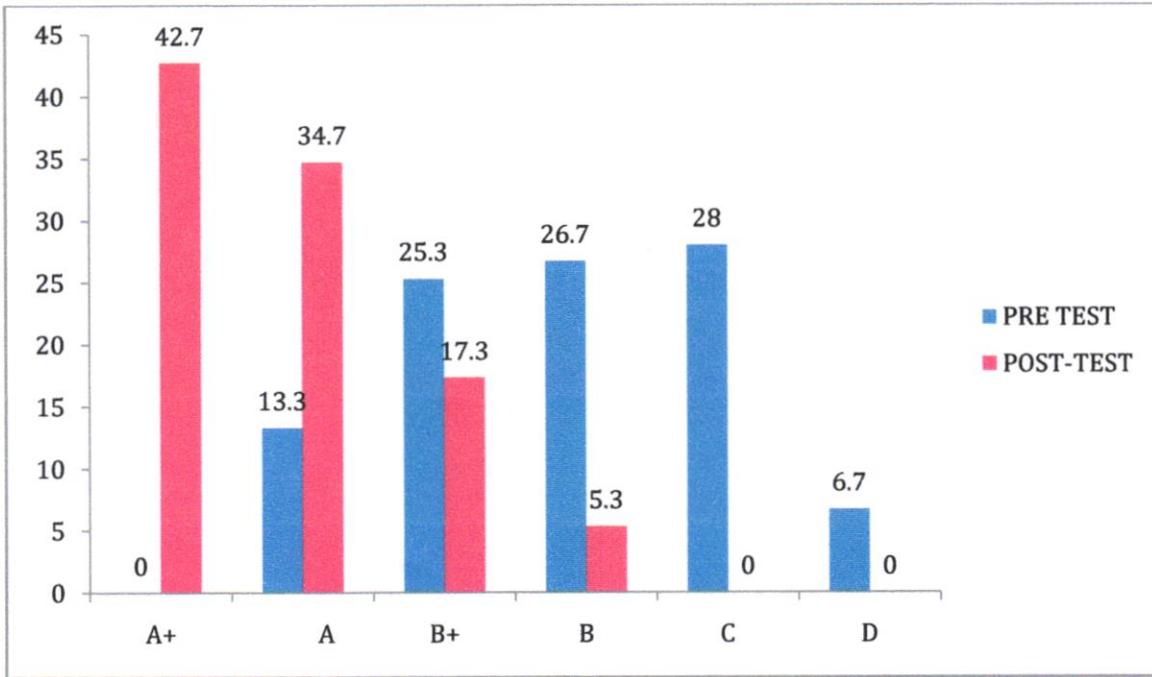
(N=75)

GRADE	PRE TEST		POST-TEST	
	FREQUENCY (F)	PERCENTAGE (%)	FREQUENCY (F)	PERCENTAGE (%)
A+	0	0	32	42.7
A	10	13.3	26	34.7
B+	19	25.3	13	17.3
B	20	26.7	4	5.3
C	21	28	0	0
D	5	6.7	0	0
TOTAL	75	100	75	100

With regard to the level of knowledge on **diabetic day** among participants, the pretest results shows that 10 (13.3%) scored "A" grade, 19 (25.3 %) participants scored "B+" grade, 20 (26.7%) participants scored "B" grade, 21 (28%) scored "C" grade. 5 (6.7%) participants scored D grade and no participants scored A+ and D. While in the post test, the knowledge level improved as 32 (42.7%) participants scored "A+" grade, 26 (34.7 %) scored "A" grade, and 13 (17.3%) of participants scored "B+" grade, 4 (5.3%) scored B grade and there was **no participants in C and D grades**. The results indicate that participants level of knowledge on diabetes, its prevention and management had increased and participants were benefited from the program



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**Fig:3 comparison of pretest and post test scores on diabetic day**



*S. Aditya*  
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## PROGRAM OUTCOME

The program outcome is to encourage the participants to maintain optimal glucose levels by adopting healthy life style and also take various preventive measures to reduce complications.

Parameters checked	Male	Female	Total
Over Weight	10	5	15
High Blood pressure	9	7	16
Pre diabetic	8	8	16
Diabetic	14	14	28
<b>Total patients</b>	<b>41</b>	<b>34</b>	<b>75</b>

## FEED BACK SUGGESTIONS:

All participants appreciated the awareness program and felt that the information shared will help them to maintain a healthy lifestyle and to reduce the complications.

They suggested that such type of health awareness programs should be organized in a frequent interval.

The programme ended with vote of thanks by Prof.A.Latha.

**Signature of HOD**

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**Signature of principal**

Principal  
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